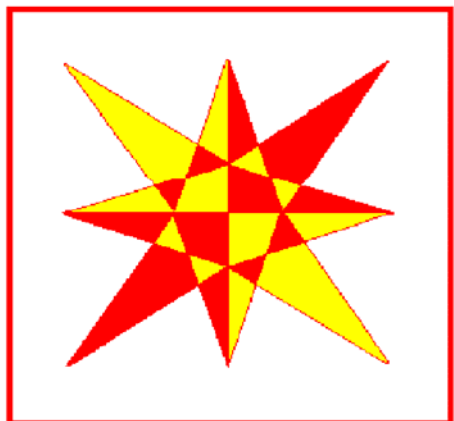


Central Hills



4WD Club

Four-Told

**Issue 152
February 2009**



CENTRAL HILLS 4WD CLUB Inc

newsletter



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CLUB INFORMATION & NEWS

INCORPORATION – the Club was formally incorporated on 13 March 1996
POSTAL ADDRESS – PO Box 1047, Mt Barker 5251
EMAIL ADDRESS - ch4wdc@chariot.net.au
TELEPHONE NUMBER – 0408 847 667. Phone is held by Secretary.
WEBPAGE – http://users.chariot.net.au/~ch4wdc/ . Comments or suggestions should be directed to the Club Secretary via email.
GENERAL MEETINGS – are held on the fourth Thursday of each month (except December) at 7.30 pm in the CWA Hall, corner of Mann and MacLaren Streets, Mt Barker. Meetings normally feature a guest speaker (<i>see the Club Program within this newsletter</i>) followed by light refreshments.
COMMITTEE MEETINGS – are usually held on immediately after a General Meeting - any Member may attend a Committee Meeting.
MINUTES OF MEETINGS – detailed Minutes are recorded of all Committee and General Meetings, and are published in this newsletter (except financial and correspondence records).
NEW MEMBERS – receive an Information Kit (a CD) on joining the Club. This is available from the Membership Officer. It covers 38 topics, with a lot of general advice, and includes a copy of the Club's Constitution and By-Laws.
MEMBERSHIP NUMBER – is issued sequentially by the Treasurer when joining the Club. It lapses when the Member leaves the Club, and is only reissued if the same entity rejoins at a later date.
NAME BADGE – Members are requested to wear their name badge at Meetings. See Membership Officer for replacement.
SUBSCRIPTION FEES – annual Club fees are renewable by 30 June each year. Payment may be made at any Meeting prior to 30 June, or can be posted to the Club Treasurer by that date. The current membership fee is \$75, being prorata from January each year, and a one off \$15 joining fee. Members are requested to complete a Renewal Form each year so that Club lists are kept up-to-date. They are available from the Membership Officer or website.
PARTICIPATING IN CLUB ACTIVITIES – to do so, enter relevant details into the appropriate trip folder, and if you need further information, speak to the Trip Leader. If after registering for a trip, you then decide not to participate, please advise the Trip Leader ASAP. Please note – the Club insurance cover extends to only one vehicle per event/trip per membership. Participants are advised that there may be some degree of risk associated with four wheel driving and camping activities.
PHOTOGRAPHS – the Club Librarian is always seeking photos of Club events – please contribute to our albums.
CHANGE OF ADDRESS ETC - notify Secretary, Membership Officer & Newsletter Editor if changing postal address, e-mail address, or telephone number.
RADIO CHANNEL – the Club utilises UHF Channel 20 as it's prime channel.
DISPOSAL OF YOUR VEHICLE - please remove all Association and Club stickers from the vehicle, in case the new owner uses it in a manner that may bring discredit to our Club and the 4WD Movement.
SA ASSOCIATION OF FOUR WHEEL DRIVE CLUBS INC – the Club is a member of the SAAFWDC, to which \$16 of annual fees is paid, plus \$8.00 for Public Liability Insurance (includes 50c GST).
FRIEND OF PARKS – the Club is a registered Friend of all SA Parks.
NEWSLETTER - the newsletter is normally distributed by electronic means. The deadline for contributions closes on the Sunday prior to a Club Meeting. Submit articles etc by email, on a 3.5" floppy disk in Word format or on paper (preferably typed). Receipt will be acknowledged of all articles emailed to editor by return email. Contact Editor via e-mail at
LETTERS TO THE EDITOR – a segment will be made available in every newsletter for any Member to have published any letter sent to the Editor.
REPRODUCTION – any of the articles herein may be reproduced by members of any 4WD Club, providing due accreditation is given to the author and in particular to FOUR-TOLD, the publication of the Central Hills Four Wheel Drive Club Inc.
DISCLAIMER – while all care is taken, no responsibility is accepted for the accuracy of information contained in this Newsletter. The views and opinions of contributors expressed herein are not necessarily those of the Editor of this Newsletter, or the Committee or Members of the Central Hills Four Wheel Drive Club Inc.

NEWSLETTER INDEX:-

Page	Item of interest
3	Club Executive, and Membership list
4	Program
5	Club diary, and A recipe
6	General Meeting minutes – 22 January 2009
8	Coming event – Clean up Australia
10	Coming event – SA Association AGM

GUEST SPEAKER INFO:

Although not yet confirmed, we hope to have a graphic presentation of the Great Victoria Desert trip.

COVER:

“Air pressure too high” or “Whoops, there goes another rubber T—e”, taken by Paul on the Oodnadatta Track, May 2006.

GUEST SPEAKERS

At past meetings, we have had some very interesting presentations, but it is a hard job organizing guest speakers, a task which usually falls on the Vice President's shoulders.

Although we ask for suggestions from Members, in the past year we have had minimal input from Members, so we are now asking all of you to come up with some more ideas.

Surely everyone must have at least one contribution to make – someone in an interesting business, someone who has accomplished a feat that they may like to tell us about, or someone who has an unusual hobby.

Please contribute, and help share the burden.

CLUB No	SURNAME	1 st NAME	Committee	Officer or Delegate	001 qualified	002 qualified	003 qualified	Advisor	Trainer	Assessor	MOBILE PHONE	HOME PHONE	E.MAIL
58		Peter Fiona											
61		George											
79		Barry Bronwen											
10		Ian Kate	X	X	X								
84		Robert Annette											
72		John Dianne	X	X	X								
82		Robert Virginia											
85		Tim											
86		Terry Julie											
78		Brenton Annette											
36		Steve Heather		X									
25		Robert Katja		X	X								

CLUB PROGRAM

NEXT COMMITTEE MEETING

To follow immediately after next General Meeting

General Meetings – 4th Thursday nights

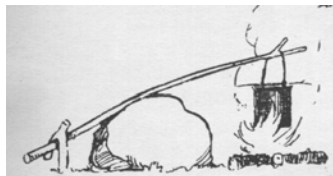
DATE	PROGRAM / GUEST SPEAKER
26 Feb 09	Speaker to be organised – possibly on the Great Victoria Desert
25 Jun 09	AGM

NB – please tell the Editor if you have any ideas about possible guest speakers

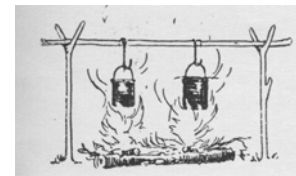
Club Trips & other Events

DATE/S	TRIP/EVENT	DETAILS	LEADER/S
21 Feb 09	Club's annual dinner		Committee
	4WD theory		
27-29 Mar 09	SA 4WD Assoc AGM & camp	Burra	
2 May 09 to ?	WA Coast trip	Trip full	
5-15 Jul 09	Broken Hill, Corner Country		Needs a leader

Club Diary – March 2009						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1.
						Start of Autumn
2.	3.	4.	5.	6.	7.	8.
	ALU Meeting	○ Full moon				
9.	10.	11.	12.	13.	14.	15.
NRAU Meeting			DTU Meeting			
16.	17.	18.	19.	20.	21.	22.
	Reece 14 th birthday	Mikaela 14 th and Rob birthdays	SAAFWDC Meeting			
23.	24.	25.	26.	27.	28.	29.
			Club General Meeting ● New moon	Beda birthday		
30.	31.					



a recipe to try



from Heather

Leftover Tortilla

Ingredients

- | | |
|-------------------------------|--|
| 1 tblsp olive oil | 3 cups leftover roast vegies (potato, pumpkin, carrot etc) |
| 1 onion finely chopped | 310g can corn kernels, drained |
| 1 red capsicum finely chopped | 8 eggs lightly beaten |
| 1 tsp paprika | ½ cup grated cheese |
| 1 tsp dried mixed herbs | |

Method

Heat oil, cook onion and capsicum until soft. Add paprika, herbs, leftover vegies and corn. Stir until hot. Spread the vegie mixture on the bottom of a baking paper lined dish. Pour the eggs over gently and sprinkle with cheese. Cook for approx. 20 mins. ENJOY

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Useful Web Sites

The first is a useful website which enables you to convert just about anything to anything else - over 5,000 units, and 50,000 conversions.

The second may assist in determining your 12 volt power needs.

[www. http://www.onlineconversion.com/](http://www.onlineconversion.com/)

http://www.campertrailers.org/solar_spreadsheet.htm

If you have any interesting web sites, how about sharing them with other MembersIan

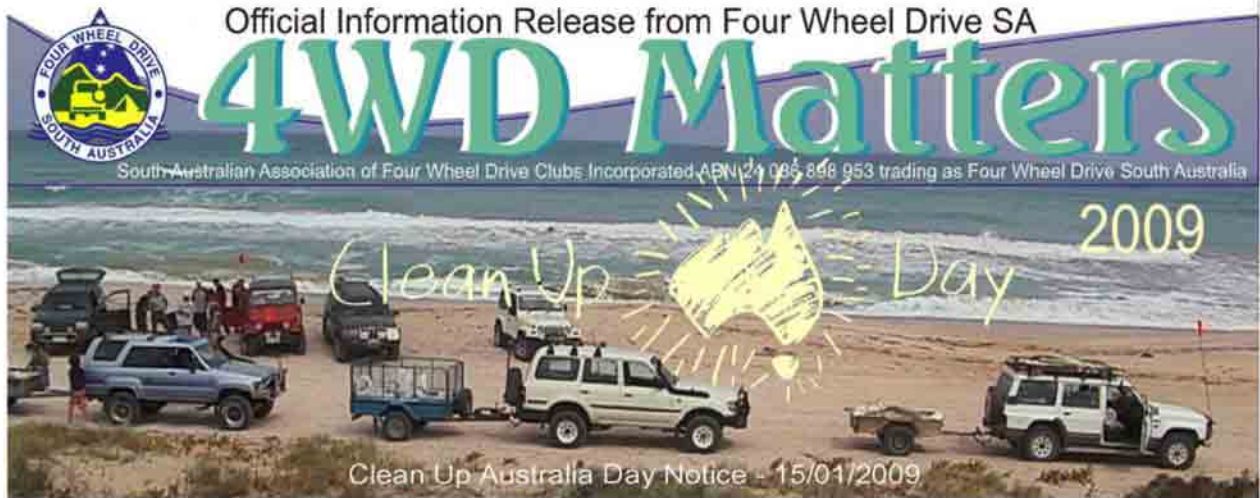
Before you take your chainsaw to a dead old tree stump, or collect long fallen logs off the ground, consider whose home you may be destroying.

Much of our native wildlife makes it's home in such places, and would prefer not to have the house burnt, especially with them inside.

About 290 of Australia's native animal species rely on the presence of tree hollows, and the loss of this habitat limits their ability to breed or avoid predators. Studies show that the proportion of hollow-bearing trees and standing dead trees has substantially declined, many of them are eucalypts, which can take up to 200 years to develop hollows - we are losing these tree hollows, and it's going to take centuries to get them back.

So, use only recently fallen logs for your fire, and help save a home.





**Improve the environment we drive in - send a very positive message
Join Us in Clean Up Australia Day - Sunday March 1 2009**

Option 1: Do Your Own Thing

A number of clubs have made their own arrangements for this year - your club can too.

Register with Clean Up Australia - www.cleanup.com.au

Here you can,

- Find a Site
- Register Your Details
- Download Useful Material such as
Volunteer Registration Form; Risk Warning Poster;
Accident/Incident form; End Of Clean Up Report.

Report Results with FWDSA: So the great outcomes of your efforts can be collated and reported on.

FWDSA Clean Up Australia Co-ordinator

- A Welcome and a Thank You

Welcome to Vince Monterola, Environment Officer of the Toyota Landcruiser Club, who has taken up this years role as FWDSA Clean Up Australia Day Co-ordinator.

For the first year in a long time John Caldecott will be absent from Clean Up Australia Day Co-ordination and hands-on field activities due to illness. FWDSA and Affiliated Clubs extend a warm **Thank You** to John for his very considerable efforts. Is that John's Maverick pictured above?

Option 2 - Join The FWDSA Coorong NP Cleanup

Travel down to the Coorong: Friday 27/Saturday 28 February - Bring a trailer if you can

Camp Grounds: - courtesy of Coorong NP Senior Ranger Simon Oster we camp at Cantara Homestead (between the ocean and the Coorong), 7 kms south of the turn to Forty Two Mile Crossing . Toilets and showers available - but otherwise be totally self sufficient.

Program: We can do the bulk of our work on the Saturday, starting at 0900 hrs and finishing around 1530 hrs. This has worked well in previous years. Those who have had time have also gone back out onto the beach Sunday morning for more litter pick-up and more beach driving.

Contact: Vince Monterola Ph: 83391311 Mob: 0447 331 300 Email: vhmon@bigpond.com

Whichever Way You Go - Let Us Know

For those Clubs which intend to join and haven't already done so, please appoint a point of contact and let the FWDSA Clean Up Australia Co-ordinator know what you will be doing.

Of course you can do a clean-up at any time but the official day provides some focus on the activity itself and on those involved - credit and recognition should be given to 4WDers putting back into the environment they drive in.



Clean Up Australia
(a sub-committee of the NRAU of Four Wheel Drive SA)

Disclaimer: This publication was prepared by 4WD Adventurers Club for Four Wheel Drive South Australia. Every endeavour has been made to ensure the accuracy in compiling this publication however inaccuracies may still occur which could result in the user being misinformed. While regretting such occurrences 4WD Adventurers Club or Four Wheel Drive South Australia cannot accept responsibility for any consequences whatsoever which may result therefrom.